**Preparing for A level – Study Support Pack – Summer 2022**



**Subject: Biology A Level**

The aim of this pack is to help you bridge the gap between GCSE and A level. It is specific to one of the many A level subjects that are taught at The Bedford Sixth Form and we encourage you to work through all the relevant packs for the subjects that you would like to study.

**Look for the number of points each task is worth – you need to complete a total of at least 100 points worth**

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# Task 1: Double science catch-up (Compulsory for double science, optional for triple) – This task is worth 30 points

A common worry amongst students is that if you did double science at GCSE (as opposed to triple science, where you study biology, chemistry and physics individually) that you will be at a disadvantage. Whilst it is **not essential** to have studied triple science, it is certainly useful, as there are some topics that you will have covered that are not covered in double science.

If you did double science at GCSE, then this task is **compulsory**, so that you are not at a disadvantage in September. If you did triple science, then this is optional (but why not test your memory!)

**TASK**: Read the following pages on BBC bitesize (type the heading into google or follow hyperlink). **Make summary notes on each**. Bring these notes to the first lesson and keep them safe, as many of these topics will come up over the next two years! You can also try the questions on bitesize for each:

1. Treating, curing and preventing disease: <https://www.bbc.co.uk/bitesize/guides/z8fkmsg/revision/5>
2. Monoclonal antibodies: <https://www.bbc.co.uk/bitesize/guides/zt8t3k7/revision/1>
3. Plant disease: <https://www.bbc.com/bitesize/guides/z3tgw6f/revision/2>
4. Coordination and control: <https://www.bbc.co.uk/bitesize/guides/zprxy4j/revision/3>
5. Homeostasis in humans: <https://www.bbc.com/bitesize/guides/zxgmfcw/revision/1>
6. Plant hormones: <https://www.bbc.co.uk/bitesize/guides/zc6cqhv/revision/1>
7. Reproduction, the genome and gene expression: <https://www.bbc.co.uk/bitesize/guides/z9pkmsg/revision/1>
8. Evolution: <https://www.bbc.co.uk/bitesize/guides/zcqbdxs/revision/1>
9. Genetic inheritance: <https://www.bbc.co.uk/bitesize/guides/zg8f4qt/revision/1>
10. Decomposition: <https://www.bbc.co.uk/bitesize/guides/zy7gw6f/revision/1>
11. Biodiversity: <https://www.bbc.co.uk/bitesize/guides/zt8f4qt/revision/1>
12. Trophic levels in an ecosystem: <https://www.bbc.co.uk/bitesize/guides/zs7gw6f/revision/2>
13. Food production: <https://www.bbc.co.uk/bitesize/guides/ztwvk2p/revision/1>

# Task 2: Biology prefixes and suffixes – This task is worth 20 points

The A level biology course has a wide range of vocabulary that you need to understand and be able to use in exam answers. Knowing and spotting prefixes (bits that come at the start of words) and suffixes (bits that come at the end of words) is an incredibly useful tool for working out what biological words mean.

**TASK: Fill in the table below with what each prefix and suffix means and find one biological example of each. Some you may know, others you will need to research!**

|  |  |  |
| --- | --- | --- |
| **Prefix/suffix** | **Meaning/what it refers to** | **Example** |
| **glyco-** |  |  |
| **gluco-** |  |  |
| **plasmo-** |  |  |
| **anti-** |  |  |
| **cyto-** |  |  |
| **hyper-** |  |  |
| **hypo-** |  |  |
| **phago-** |  |  |
| **eu-** |  |  |
| **hydro-** |  |  |
| **exo-** |  |  |
| **endo-** |  |  |
| **-kinesis** |  |  |
| **-cytosis** |  |  |
| **-cyte** |  |  |
| **-gen** |  |  |
| **-tonic** |  |  |
| **-lysis** |  |  |
| **-phase** |  |  |
| **-some** |  |  |
| **-karyotic** |  |  |
| **-plast** |  |  |

**Using what you have found out, try to deduce the meaning of these biological terms:**

1. Glycogenesis (glyco-genesis) = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Phagocyte (phago-cyte) = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Exocytosis (exo-cytosis) = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Eukaryotic (eu-karyotic) = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Hypotonic (hypo-tonic) = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. Gluconeogenesis (gluco-neo-genesis) = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. Hydrolysis (hydro-lysis) = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. Cytokinesis (cyto-kinesis) = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Task 3: Maths & data skills in biology – This task is worth 30 points

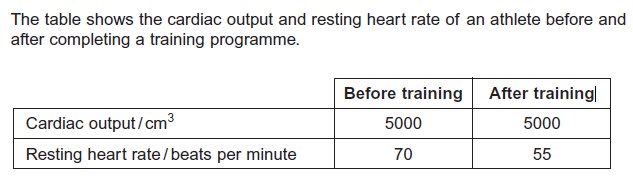
Maths is an important part of the biology A-level that will always be tested in the exams.

You may have carried out a practical investigation in the past, during which you calculated your heart rate by taking your pulse. Heart rate can be used to calculate cardiac output – provided that you have a value for the individuals’ stroke volume – using the equation:

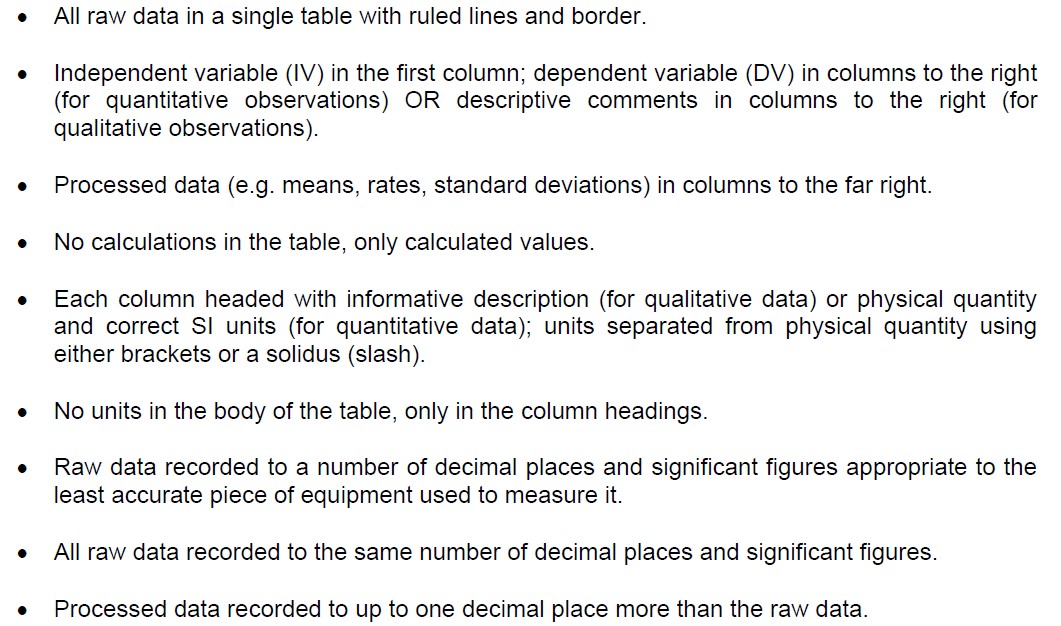
**cardiac output = heart rate x stroke volume**

**TASK: Answer the following questions**

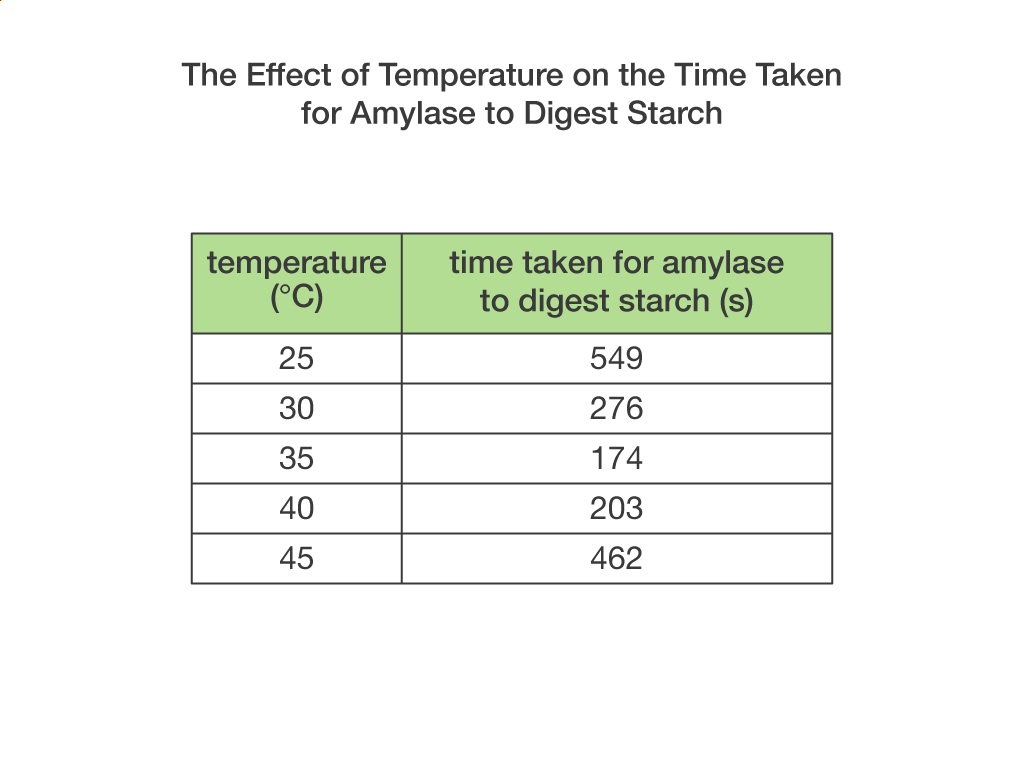
1. Define the terms ‘cardiac output’ and ‘stroke volume’ (you may need to use the Internet or other research to help you).
2. Cardiac output is measured in cm3min-1 (cm3/min). Heart rate is measured in beats per minute. Suggest what units stroke volume is measured in.
3. Rearrange the equation so that stroke volume is the subject of the equation. Use your rearranged equation to calculate the athlete’s stroke volume after training, using the data below:



1. Using the data above, calculate the percentage decrease in the athlete’s resting heart rate after training.
2. As well as the heart rate, breathing rate also increases during and following exercise. What units are used to express breathing rate?
3. Measure your breathing rate at rest five times. Calculate the mean, median and mode of your data. **Extension**: Can you also define and calculate standard deviation?
4. Following practical activities, you will need to construct tables in which to put your results. Watch the following video by typing this URL into your web browser: [http://ed.ted.com/on/x1a7JDW4.](http://ed.ted.com/on/x1a7JDW4) Then look at the guidelines below and use them to evaluate the table drawn in the video.



1. The table shows a student’s results from an experiment looking at the effect of temperature on the activity of the enzyme **amylase**, which digests starch.



* What type of graph would you plot to show the results? **Explain why**. (The video at <http://ed.ted.com/on/GV5hkNIA>may be useful).

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* The time taken for the enzyme to digest the starch decreases as temperature increases from 25 to 35 degrees. **Why do you think this is?**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* However, after 35 degrees, the time taken actually starts to increase. **Why do you think this is?**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Task 4: Units – This task is worth 10 points

The ability to convert between units confidently is an incredibly important skill in A-level biology, particularly within the practical component, and is something that is frequently required when answering exam questions.

**TASK: Fill in the missing name/symbol for each unit of measurement and how you would convert between each in the diagram below. Then complete the table to show the equivalent value for each measurement for the three different units.**

**Diagram

Description automatically generated**

|  |  |  |
| --- | --- | --- |
| Nanometre | Micrometre | Millimetre |
| 5 | 0.005 | 0.000005 |
| 1 |  |  |
|  | 1 |  |
|  |  | 1 |
|  | 3 |  |
| 7 |  |  |
|  |  | 0.5 |

**Bonus question:**

Which are **not** the same?

Graphical user interface, application

Description automatically generated

# Task 5 – Extended writing – This task is worth 30 points

Essay writing is something that we will practice as it forms a key part of one of the biology exams. It requires the ability to bring together lots of different ideas/topics from the course and your own research into a bigger picture.

**TASK: Write an essay on the biological importance of water.**

Here are some ideas to get you going:

* Transport
* Temperature control
* Habitats
* Support

Use this space below to plan your essay and write/type it up on another piece of paper.

# Task 6: Practical terminology – This task is worth 20 points

Understanding and being able to use correct scientific terminology when carrying out, or writing about, practical experiments is essential on the A-level course.

**TASK: Using research and your own knowledge, define each of the following terms.**

|  |  |
| --- | --- |
| Term | Definition |
| Independent variable |  |
| Dependent variable |  |
| Control variables |  |
| Hypothesis |  |
| Null hypothesis |  |
| Correlation |  |
| Causal link |  |
| Directly proportional |  |
| Inversely proportional |  |
| Anomaly |  |
| Accuracy |  |
| Precision |  |
| Systematic error |  |
| Random error |  |
| Zero error |  |
| Uncertainty |  |